

# February 2024

# H.R. JEFFERIES JR HIGH

Monday

Tuesday

Wednesday

Thursday

Friday

## Did you know?

Groundhog Day, celebrated on February 2nd, came about because of a German superstition. They thought if a hibernating animal cast a shadow on February 2nd that winter would last another six weeks. If there was no shadow, spring would come early.

5

CORN DOG  
OVEN FRIES  
TOMATO CUP  
FRUIT  
MILK

6

TAMALES  
SALSA  
BEANS  
CUCUMBERS  
ICE CREAM  
FRUIT  
MILK

7

SPAGHETTI BOWL  
BREADSTICK  
FRESH VEGGIE CUP  
GARDEN SALAD  
FRUITY GELATIN  
MILK

8

ASIAN BOWL  
EGG ROLL  
BROCCOLI  
CORN  
FRUIT  
MILK

9

CHEESEBURGER MAC  
ROLL  
CARROTS  
GREEN BEANS  
BROWNIE  
FRUIT  
MILK

12

COUNTRY FRIED STEAK  
GRAVY  
ROLL  
MASHED POTATOES  
OKRA  
FRUIT  
MILK

13

CHICKEN FAJITAS  
BEANS  
CARROTS  
SALSA  
SHERBET  
FRUIT  
MILK

14

FRENCH BREAD PIZZA  
SALAD  
SAVORY GREEN BEANS  
FRUIT  
MILK

15

POPCORN CHICKEN  
ROLL  
CRUNCHY BROCCOLI SALAD  
PB RICE KRISPIE TREAT  
FRUIT  
MILK

16

BAD  
WEATHER  
DAY

19

STAFF  
DEVELOPMENT  
DAY

20

BBQ ON A BUN  
VEGGIE CUP  
POTATOES  
FRUIT  
SALAD  
MILK

21

FISH STICKS  
MAC & CHEESE  
CARROTS  
SQUASH  
FRUIT  
MILK

22

WALKING TACO  
TOMATO CUP  
GARDEN SALAD  
FRUIT  
MILK

23

X-TREME BURRITO  
CORN  
CUCUMBERS  
COOKIES  
FRUIT  
MILK

26

BREADED DRUMSTICKS  
BISCUIT  
GARDEN SALAD  
SWEET POTATO FRIES  
FRUIT  
MILK

27

FRITO PIE  
BEANS  
VEGGIE CUP  
PB RICE KRISPIE TREAT  
FRUIT  
MILK

28

CHEESY BREADSTICKS  
BROCCOLI  
MARINARA SAUCE  
FRUIT  
MILK

29

CHICKEN ENCHILADAS  
CELERY STICKS  
CARROTS  
SHERBET  
FRUIT  
MILK

## BREAKFAST

MONDAY:  
BREAKFAST PIZZA  
OATMEAL

TUESDAY:  
FRENCH TOAST  
BACON

WEDNESDAY:  
BISCUITS  
SAUSAGE  
EGG

THURSDAY:  
PANCAKE WRAPS  
YOGURT

FRIDAY:  
SAUSAGE/EGG/CHEESE  
CROISSANTS

EVERYDAY OPTION:  
CEREAL  
JUICE  
FRUIT  
CHEESE STICK  
MILK

"THIS PROVIDER IS AN EQUAL  
OPPORTUNITY PROVIDER"